



## Breast Imaging Ordering Guidelines

### Screening Mammography

### Diagnostic Mammography

### Breast Ultrasound Only

### Breast MRI

<ul style="list-style-type: none"> <li>• Patient is currently <b>asymptomatic</b> <ul style="list-style-type: none"> <li>▪ No new problems</li> <li>▪ No pain</li> <li>▪ No mass/thickening</li> <li>▪ No spontaneous clear or bloody nipple discharge</li> <li>▪ No skin changes</li> </ul> </li> <li>• Patient has never been diagnosed with breast cancer</li> </ul>	<p><b>***If ordering a diagnostic mammogram in eHR or Request for Breast Imaging Services form, Ultrasound of the same breast should not be ordered separately.</b></p> <ul style="list-style-type: none"> <li>• <b><u>BILATERAL</u> Diagnostic Mammogram with Ultrasound if needed</b> <ul style="list-style-type: none"> <li>▪ Patient is currently symptomatic               <ul style="list-style-type: none"> <li>- Male patients (20 years and older)</li> <li>- Female patients (30 years and older)</li> </ul> </li> <li>▪ Patient has had breast cancer <i>with lumpectomy</i></li> <li>▪ Patient presents with clinical breast problem of one breast and is due for her annual exam within 2 months</li> </ul> </li> <li>• <b><u>UNILATERAL</u> Diagnostic Mammogram with Ultrasound if needed</b> <ul style="list-style-type: none"> <li>▪ Patient is symptomatic</li> <li>▪ Patient has had breast cancer <i>with mastectomy</i></li> <li>▪ Patient has had a mammogram in the last 10 months and is now presenting with a new symptom.</li> </ul> </li> <li>• <b>Abnormal Mammogram &amp; Short Term Follow-up</b> <ul style="list-style-type: none"> <li>▪ If the radiologist's report recommends: "<i>Diagnostic mammogram (Special Views) and/or ultrasound</i>"               <ul style="list-style-type: none"> <li>- Order unilateral or bilateral "<u>mammogram with ultrasound if needed</u>" (refer to last imaging report).</li> </ul> </li> </ul> </li> </ul>	<p><b>***If ordering an ultrasound in eHR or Request for Breast Imaging Services form, Mammogram of the same breast should not be ordered separately.</b></p> <p>The patients below should begin with ultrasound only with diagnostic mammogram if needed.</p> <ul style="list-style-type: none"> <li>• <b>Females: Symptomatic</b> <ul style="list-style-type: none"> <li>▪ Patient has had a bilateral mammogram within the last 3 months at one of the facilities listed above (Whittier or Hacienda Heights).</li> <li>▪ Patients that are 29 years of age or younger should begin with ultrasound</li> </ul> </li> <li>• <b>Males: Symptomatic</b> <ul style="list-style-type: none"> <li>▪ Patients that 19 years of age or younger should begin with ultrasound</li> </ul> </li> <li>• <b>Abnormal Mammogram &amp; Short Term Follow-up</b> <ul style="list-style-type: none"> <li>▪ If the radiologist's report recommends: "<i>Ultrasound and/or mammogram</i>"               <ul style="list-style-type: none"> <li>- Order the "<u>ultrasound with mammogram if needed</u>" (refer to last imaging report).</li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Evaluation of Implant integrity</u></b> <ul style="list-style-type: none"> <li>▪ This exam is done <u>without contrast</u> and <b>only</b> evaluates the implant(s).</li> <li>▪ <b>If the referring provider would also like the breast tissue evaluated, "Evaluation for breast cancer exam must be ordered" Clinical notes/problems must also specify that the implant integrity should also be evaluated.</b></li> </ul> </li> <li>• <b><u>Evaluation for Breast Cancer</u></b>  <i>*Creatinine levels within 6 weeks may be required</i> <ul style="list-style-type: none"> <li>▪ This exam will evaluate the breast tissue. This exam is done <u>with and without contrast</u>.</li> <li>▪ If the patient has <b>both breasts</b>, please order a bilateral breast exam regardless if symptom is only on one side.</li> <li>▪ If the patient has had a <b>mastectomy</b>, please order a <u>unilateral exam</u>.</li> </ul> </li> </ul>
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