PIH Health Hospital
CT Scan
Pre Procedure Instructions

CT Scan Abdomen or Pelvis with or without IV Contrast

- If you are scheduled for a CT Scan of the Abdomen or Pelvis with or without IV contrast, your exam will require oral contrast.
- Please pick-up the oral contrast from the Outpatient Pharmacy 2-3 days before your appointment. The outpatient pharmacy is located at: Ernest D. Wells Medical Office Building 12401 Putnam St., Suite 105, Whittier, CA. The pharmacy is open Monday through Friday from 9:00 a.m. to 7:00 p.m.
- The oral prep must be started 3 ½ hours before your exam time.
- Instructions:
  - Do not have any solid food once you have started the prep.
  - You may have clear liquids (water and juice are okay) once the prep has been started.
  - You may take all medications as usual.
  - Please bring a list of all your usual medications with you on the day of your appointment.
  - Please drink water before your appointment so that you are well hydrated.

CT Scan Without IV Contrast

- No dietary restrictions. No exam prep is required.

CT Scan with IV contrast or CT Scan with and without IV Contrast

- Your physician will give you a prescription for the Lab work that is required for patients who meet the following:
- 60 years old or older, if you are diabetic, and/or if you have one kidney, or a history of renal failure. A serum creatinine lab test is required before the exam. Lab results must be faxed to the radiology department 2-3 days PRIOR to the appointment. Labs that were drawn within the previous 6 weeks are acceptable. Lab results may be faxed to 562.464.5018.
- Follow-up labs may also be required.
- Be sure to notify the radiology department if you have any allergies to iodine, or any similar allergies to foods or medications. If your physician prescribes medication to prevent a contrast allergy, you will need to bring a driver for the ride home.
- Do not have solid food for three (3) hours prior to exam.
- You may take all medications as usual.
- Please bring a list of all your usual medications with you on the day of your appointment.
- Please drink water before your appointment so that you are well hydrated.

Please contact Scheduling at 562.906.5572, if you have any questions or would like additional information.