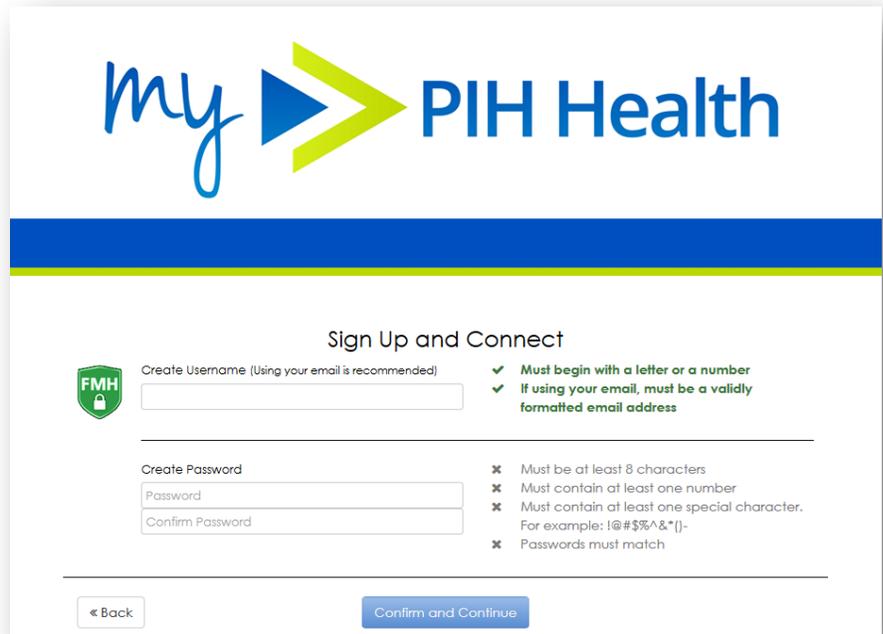
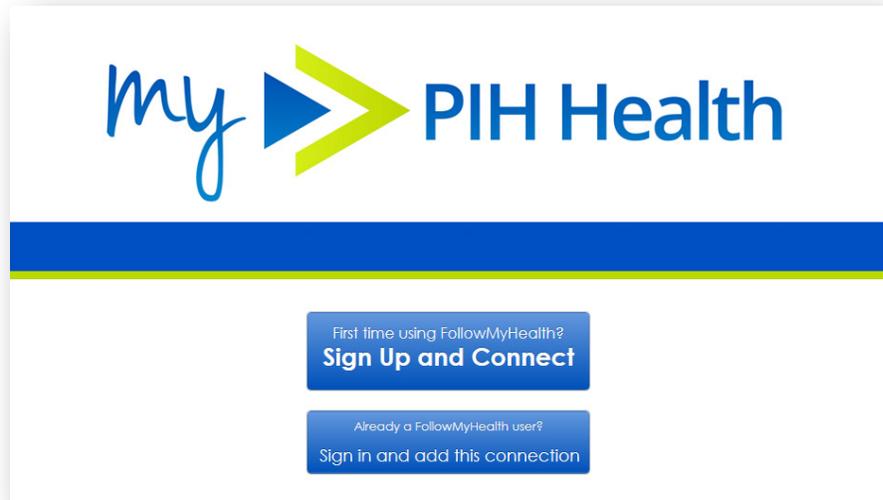


There are two ways to sign up for the My PIH Health patient portal. You will receive an email invitation when you make an appointment, or after you provide your email address at the time of your appointment. You can also visit [PIHHealth.org/MyPIHHealth](https://PIHHealth.org/MyPIHHealth) to sign up. Instructions for both methods are shown below.

## Signing Up Via Email Invitation

1. Look for an email from **Follow My Health**
2. Click the link to start the registration process
3. Click the **Sign Up and Connect** button shown here →
4. Create a password and click **Confirm and Continue**



5. Follow the steps to  
Connect your account to  
PIH Health
6. When asked to enter your  
**Invite Code**, enter the  
year of your birth (e.g.  
1981) and click the **Next**  
button

**Connect your account**

**Step 3: Enter Invite Code**

The invite code is a secret between the patient and the healthcare provider with whom you are connecting. If you were not given a code directly from your provider, it will most likely be either the last four digits of your social security number or year of birth (yyyy). Remember, if you are setting up a proxy account for a child or dependent adult, the code applies to that patient and will be the last four digits of his/her social security number or year of birth (unless you were given a specific invite code from the provider for that patient!).

For more information, please refer to the invitation email you received from noreply@followmyhealth.com or contact your provider.

Invite Code

Next

After you follow the final steps, you will be connected!

## Signing up on our website

1. Go to  
[PIHHealth.org/MyPIHHealth](https://PIHHealth.org/MyPIHHealth)
2. Click the **Sign Up or Login to  
My PIH Health** button
3. Click the **I need to sign up** button

my >> PIH Health

Sign up or Login to My PIH Health

Welcome to My PIH Health

We're excited to offer an all-in-one personal health record and patient portal that lets you access your medical information on the go!

my >> PIH Health

Download on the App Store

GET IT ON Google Play

Sign In

or, use an alternative

Facebook Google Microsoft Yahoo! Cerner

How is this information used?

I need to sign up

English

4. Complete all required fields and click the **Confirm and Continue** button

**my**  **PIH Health**

### Sign Up and Connect

With FollowMyHealth® you can manage your health information and communicate with providers in a secure, online environment – 24 hours a day / 7 days a week. Once you create your account, you will be prompted to search for and connect with available providers in your area.

Notifications Email  ⓘ  
An email address is required

Zip Code

First Name

Last Name

Date of Birth (e.g. 10/29/1985)  ⓘ

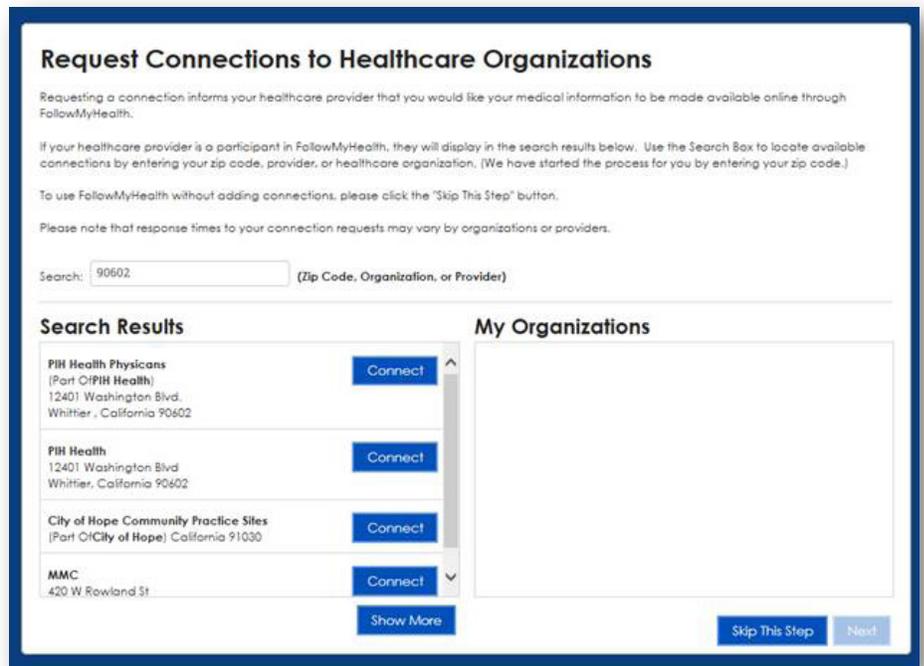
Home Phone Number (optional)  (201) 555-5555

Social Security Number (optional)

« Back Confirm and Continue

5. After reading the terms of use, choose **I Accept** to continue the registration
6. Create a **Username** (using your email is recommended)
7. Create a **Password**
  - Pay close attention to the password requirements on the right side of the screen
8. Click the **Confirm and Continue** button

9. Click **Connect** for the option PIH Health Physicians and then the **Next** button to continue



10. Review the **Release of Information Authorization** and click **I Accept** to continue
11. You will be presented with a **Connection Request Successful** notification. Click **OK** to continue
12. You will be prompted to watch a first time walkthrough video to get the most out of the patient portal

You are now registered and connected to PIH Health! You will receive a confirmation email in a few days. At that time, your health information will display in your My PIH Health portal.