



First Name _____ Last Name _____ Sex ____ Today's Date ____ / ____ / ____

Provider Name _____ DOB _____ Age ____ MRN _____

ROUTINE HEALTH ASSESSMENT – FAMILY/PERSONAL HISTORY

Names of other doctors who are currently caring for you and the condition they are treating

1. _____ 2. _____
 3. _____ 4. _____
 5. _____ 6. _____

Primary language English Spanish Other

Communication needs Interpreter Other

Any barriers to learning None Speech Cognitive Hearing Vision Inability to read/write

How do you learn best Verbal Reading Demonstration TV Pictures Groups

Do you have frequent contact or have children living in the same home No Yes If yes, please list below

1. _____ Age ____ Relationship _____
 2. _____ Age ____ Relationship _____
 3. _____ Age ____ Relationship _____
 4. _____ Age ____ Relationship _____
 5. _____ Age ____ Relationship _____

Religion **List any special religious or cultural needs** _____

RADIATION THERAPY TREATMENT

Start Date	Stop Date	Area of Body Treated	Hospital	Doctor

CHEMOTHERAPY TREATMENT

Start Date	Stop Date	Name of Chemo	Hospital	Doctor



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ALLERGIES **NKA (No Known Allergies)**

#1 _____	#2 _____	#3 _____	#4 _____
<input type="checkbox"/> Anaphylaxis	<input type="checkbox"/> Anaphylaxis	<input type="checkbox"/> Anaphylaxis	<input type="checkbox"/> Anaphylaxis
<input type="checkbox"/> Blood Disorders	<input type="checkbox"/> Blood Disorders	<input type="checkbox"/> Blood Disorders	<input type="checkbox"/> Blood Disorders
<input type="checkbox"/> Cardiac Arrest	<input type="checkbox"/> Cardiac Arrest	<input type="checkbox"/> Cardiac Arrest	<input type="checkbox"/> Cardiac Arrest
<input type="checkbox"/> Dyspnea (Shortness of Breath)	<input type="checkbox"/> Dyspnea (Shortness of Breath)	<input type="checkbox"/> Dyspnea (Shortness of Breath)	<input type="checkbox"/> Dyspnea (Shortness of Breath)
<input type="checkbox"/> Edema/Swelling	<input type="checkbox"/> Edema/Swelling	<input type="checkbox"/> Edema/Swelling	<input type="checkbox"/> Edema/Swelling
<input type="checkbox"/> Rash Hives Itch	<input type="checkbox"/> Rash Hives Itch	<input type="checkbox"/> Rash Hives Itch	<input type="checkbox"/> Rash Hives Itch

PAST MEDICAL HISTORY Check if you've ever had **No Active Problems**

<input type="checkbox"/> Anemia	<input type="checkbox"/> Gonorrhea	<input type="checkbox"/> Lung (Pulmonary) Disease	<input type="checkbox"/> Recurrent Colds (Upper Respiratory Infections)
<input type="checkbox"/> Asthma	<input type="checkbox"/> Hay Fever	<input type="checkbox"/> Measles	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> Cancer	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Meningitis	<input type="checkbox"/> Reported Prior Bone (Orthopedic)
<input type="checkbox"/> Chicken Pox (Varicella)	<input type="checkbox"/> HIV Infection	<input type="checkbox"/> Mumps	<input type="checkbox"/> Seizure Disorder
<input type="checkbox"/> Chlamydia Infection	<input type="checkbox"/> Hives	<input type="checkbox"/> Positive + Tuberculosis/ PPD Test (Tuberculin PPD Induration)	<input type="checkbox"/> Skin Disorder
<input type="checkbox"/> Classic Migraine (with Aura)	<input type="checkbox"/> Hypertension (High Blood Pressure)	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Tattoo
<input type="checkbox"/> Classic Migraine (w/out Aura)	<input type="checkbox"/> Joint Problems	<input type="checkbox"/> Polio	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Depression	<input type="checkbox"/> Kidney (Renal) Disease	<input type="checkbox"/> Problems	<input type="checkbox"/> Type 1 Diabetes
<input type="checkbox"/> Eczema	<input type="checkbox"/> Kidney Stones (Nephrolithiasis)	<input type="checkbox"/> Recurrent Bacteria Infections	<input type="checkbox"/> Type 2 Diabetes
<input type="checkbox"/> Genital Herpes (Penis)	<input type="checkbox"/> Liver Disorder		<input type="checkbox"/> Whooping Cough (Pertussis)
<input type="checkbox"/> Genital Herpes (Vulva)			<input type="checkbox"/> Other _____

INJURIES

- Fracture (broken bones)
- Injuries/Accidents (major ones)
- Head Injury
- Joint Dislocations

HOSPITALIZATIONS

- Previous Hospitalizations?
- If so, why? _____

PAST SURGICAL HISTORY Check if you've ever had

- | | |
|---|---|
| <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Hysterectomy |
| <input type="checkbox"/> Breast Surgery Mastectomy (breast removed) | <input type="checkbox"/> Tonsillectomy |
| <input type="checkbox"/> Blood Transfusion | <input type="checkbox"/> Both Ovaries removed (Bilateral Oophorectomy) |
| <input type="checkbox"/> Breast Surgery Lumpectomy (Lump removed) | <input type="checkbox"/> Single Ovary Removed (Unilateral Oophorectomy) |
| <input type="checkbox"/> Gallbladder Removed (Cholecystectomy) | <input type="checkbox"/> Other _____ |

PREGNANCY/FEMALE HISTORY (if applicable)

Age at First Period ____ Years old (Menarche)	Previously Pregnant with ____ Cesarean Sections
History of ____ Previous Pregnancies	Previously Pregnant with ____ Abortions (Elective)
<input type="checkbox"/> Menopause (history)	Previously Pregnant with ____ Miscarriages
Previous Pregnancies Resulted in ____ Living Children	Previously Pregnant with ____ Tubal Pregnancies
Previously Pregnant with ____ Normal Vaginal Deliveries	Pregnancy Complications _____



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SOCIAL HISTORY

MARITAL STATUS

Single Single in One Relationship Currently Married Widowed Divorced

HIGHEST EDUCATION LEVEL COMPLETED **Grammar School (grade completed)** _____

GED Has High School Diploma Associate's Degree Bachelors Degree
 Masters Degree Doctorate Other _____

TOBACCO USE

Never a Smoker Former Smoker
 Smoker
 Smoker status unknown Every Day Smoker
 Unknown if ever smoked

TYPE

Number of cigars in a day _____
 Smoking a pipe - How often in a day _____
 Current smokeless tobacco user
 Number of cigarettes a day _____

NEED HELP? Considering to quit smoking

ALCOHOL USE

Never Drank Alcohol
 Being a Social Drinker
 Moderate Drinker (2 Drinks/Day or Fewer)
 Heavy Alcohol Consumption
 Recovering Alcoholic

NEED HELP?

Considering to quit drinking alcohol

DRUG USE

Using Recreational Drugs Using Intravenous (IV) Drugs Drug Use Unable to Stop

NEED HELP? Considering to quit drug use

SEXUAL ACTIVITY SUMMARY

Denies Sexual Activity Sexually Active With ____ Partners in the Last Yr
 Sexually Active Sexual Orientation Same Sex

OTHER

Happy with Job Job Unsatisfying Occupation _____
 Exercise Regularly Moderate Exercising 3 Or More Times A Week
 Moderate Exercising Less Than 3 Times A Week Uses Safety Equipment – Seatbelts
 Uses Safety Equipment – Protective Head Gear Trouble sleeping
 Ever been hit or pushed by a partner?
 Material/Financial Abuse – Is anyone misusing your money? _____

FAMILY HEALTH STATUS

Relationship	Father	Mother	<input type="checkbox"/> Brother <input type="checkbox"/> Sister	<input type="checkbox"/> Brother <input type="checkbox"/> Sister	<input type="checkbox"/> Daughter <input type="checkbox"/> Son	<input type="checkbox"/> Daughter <input type="checkbox"/> Son	Other Relationship _____
DOB (Optional)	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____
Deceased Age							
Breast Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Colon Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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Relationship Con't	Father	Mother	<input type="checkbox"/> Brother <input type="checkbox"/> Sister	<input type="checkbox"/> Brother <input type="checkbox"/> Sister	<input type="checkbox"/> Daughter <input type="checkbox"/> Son	<input type="checkbox"/> Daughter <input type="checkbox"/> Son	Other Relationship
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seizures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thyroid Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

MEDICATIONS

Name of Medication	Dose	How Often	Comments

PROBLEM LIST

Describe _____



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IMMUNIZATIONS

Yes No Tetanus/Pertussis (Tdap) Date _____ Yes No Influenza (Flu) Date _____
 Yes No Pneumovax Date _____ Yes No Zostavax (Shingles) Date _____

REVIEW OF SYSTEMS - Do you now or have you had within the past year any of the problems below?

Constitutional All Negative
 Y N Fever Y N Feeling Poorly Y N Recent Wt Gain (____ Lbs)
 Y N Chills Y N Feeling Tired Y N Recent Wt Loss (____ Lbs)

Eyes All Negative
 Y N Eye Pain Y N Eyesight Problems Y N Dry Eyes
 Y N Red Eyes Y N Discharge from Eyes Y N Eyes Itch

Ear/Nose/Throat All Negative
 Y N Earache Y N Nasal Discharge Y N Nosebleeds
 Y N Sore Throat Y N Loss of Hearing Y N Hoarseness
 Y N Ringing in the Ears

Cardiovascular All Negative
 Y N Heart Rate is Slow Y N Chest Pain Y N Heart Rate is Fast
 Y N Leg Pain With Exercise Y N Hoarseness Y N Palpitations

Respiratory All Negative
 Y N Shortness of Breath Y N Coughing Up Blood
 Y N Wheezing Y N Cough
 Y N Short of Breath on Exertion Y N Difficulty Breathing Lying Down
 Y N Awakening Short of Breath Y N Stop Breathing When Sleeping

Gastrointestinal All Negative
 Y N Abdominal Pain Y N Nausea Y N Vomiting
 Y N Constipation Y N Diarrhea Y N Blood Stools
 Y N Heartburn Y N Change in Bowel Habits

Genitourinary (Female) NA All Negative
Date of Last Menstrual Period _____ Cycle Length _____ days
 Y N Pain during Urination Y N Leaking of Urine Y N Pelvic Pain
 Y N Abnormal Vaginal Discharge Y N Blood in the Urine Y N Regular Periods
 Y N Abnormal Vaginal Bleeding Y N Urinary Frequency
 Y N Severe Menstrual Pain Y N Self Breast Exam
 Y N Used an Intrauterine Device (IUD)

Vaginal bleeding after intercourse Yes No
Painful menstruation Yes No
Irregular menstruation Yes No
Excessive menstruation Yes No

I was treated for female disorder; describe _____

Have you gone through Menopause? If yes, age of onset _____

Do you have hot flashes? None Mild Moderate Severe



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Have you ever taken hormones? Yes No
If yes, indicate type _____
Duration _____ When stopped? _____

Have you ever taken birth control pills? Yes No
If yes, indicate type _____
Duration _____ When stopped? _____

Genitourinary (Male) NA All Negative
 Y N Pain during Urination Y N Leaking of Urine
 Y N Difficulty Starting Urination Y N Genital Lesion
 Y N Blood in the Urine Y N Frequent Urination at Night
 Y N Testicular Pain Y N Self Testicular Exam
 Y N Urinary Frequency Y N Erectile Dysfunction
Describe current erection function Normal Mild difficulty Moderate difficulty Severe difficulty
If you have difficulty, when did this begin? (month/year) _____

Musculoskeletal All Negative
 Y N Joint Pains Y N Joint Swelling Y N Limb Pain
 Y N Muscle Aches Y N Joint Stiffness
 Y N Limb Swelling Y N Lower Back Pain

Integumentary All Negative
 Y N Skin Rash Y N Itching Y N Breast Pain
 Y N Skin Lesions Y N Skin Wound Y N Breast Lump

Neurological All Negative
 Y N Headache Y N Numbness Y N Tingling
 Y N Confusion Y N Dizziness Y N Limb Weakness
 Y N Convulsions Y N Fainting Y N Difficulty Walking
 Y N Loss of Consciousness

Psychiatric All Negative
 Y N Suicidal Y N Anxiety Y N Change in Personality
 Y N Depression Y N Sleep Disturbances Y N Limb Weakness
 Y N Loss of Pleasure from Usual Activities

Endocrine All Negative
 Y N Bulging Eyes Y N Excessive Thirst Y N Feelings of Weakness
 Y N Hot Flashes Y N Eat Excessively Y N Muscle Weakness
 Y N Excessive Urination Y N Deepening of the Voice

Heme/Lymph All Negative
 Y N Swollen Glands Y N Easy Bleeding Y N Easy Bruising
 Y N Swollen Glands in the Neck

