

PIH Health Invites You to Attend our

Monthly Senior Lectures and Socials



Each monthly event has been planned to help our seniors in the community stay informed and connected. PIH Health is pleased to invite you to our upcoming senior lectures and socials.

Lecture Schedule

Heart Health Awareness

Friday, July 19, 2019

12:30 to 1:30 pm

Speaker: Lupe Morales, RN, BSN

Diabetes and Nutrition

Tuesday, August 27, 2019

12:30 to 1:30 pm

Speaker: Nicole Alzamza, Registered Dietitian

Male Cancer Awareness

Thursday, September 26, 2019

12:30 to 1:30 pm

Speaker: American Cancer Society

Breast and Female Cancer Awareness

Wednesday, October 30, 2019

12:30 to 1:30 pm

Speaker: Ivonne Muñoz, RN, BSN

Lung Cancer Awareness

Thursday, November 14, 2019

12:30 to 1:30 pm

Speaker: Alfredo Castellanos, MD

Holiday Social

Friday, December 20, 2019

12:00 to 2:00 pm

Location

PIH Health Hospital - Whittier

Blanchard-Haendiges Auditorium

12401 Washington Blvd.

Whittier, CA 90602

If you know someone who might benefit from any of the listed events, invite them to attend with you or share this flyer with them.

Light refreshments and educational handouts will be provided at each event.

RSVP

Please call 562.789.5401 Ext. 82195 to reserve your seat at one or all of the events.